



North Shields Polytechnic Club

Athletics club based in Whitley Bay

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TRUSTEES' ANNUAL REPORT

June 2020

**NORTH SHIELDS POLYTECHNIC CLUB CIO
TRUSTEES' ANNUAL REPORT**

June 2020

CHARITY NUMBER

1175041





TRUSTEES' ANNUAL REPORT

June 2020

Intro

Due to COVID-19 we are unable to hold our AGM which was due to happen in April. Rather than postpone indefinitely, our trustees have agreed to cancel the AGM for this year and to share information with our members digitally via this report and invite any questions via email to trustees@nspoly.org.

The trustees are pleased to present their Annual Report together with the financial statements of the Charity for 18-month period to March 2019 which are also prepared to meet the requirements of a Chair's report and accounts for the Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard's applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).





TRUSTEES' ANNUAL REPORT

June 2020

Chair's Report

Great change has been experienced by the club over the past 24 months. Our transition to a fully-fledged charity created as many challenges as the answers it solved, but with that came tremendous opportunities for each part of the club. For those who opened up this avenue for us, I am most grateful.

All our sports and activities continue to increase in popularity and with that comes greater demand on volunteer time, patience, and headcount. Our facilities become busier and our wider community becomes more involved. Our drive to become more efficient benefits us all, from our much improved communication mediums to our new online membership management system. We strive to change but also to remember our roots and values.

This year, the COVID-19 pandemic has truly highlighted the huge benefit the club brings to its members, volunteers and supporters. The loss of the club's community for the past months has been felt by many, if not all of those connected by a common goal: that desire to achieve, respect and enjoy the sport and benefit from the social groups which that brings.

I would like to give my heartfelt thanks to all the coaches, assistant coaches and volunteers that have worked so hard to react, adapt, include and most of all retain that fantastic motivation. Well done to all; you make us the best club in the world, of that I have no doubt.

Our facilities have been managed to an exemplary level, led by James Parkinson, our clubhouse manager. The clubhouse is being invested in, and there is a feel of calm and long-term success in the clubhouse.

The community track, managed by North Tyneside Council, has been closed, refurbished, and is due to reopen soon. Further details are contained within this report and we will work hard to make sure this facility is well cared for and utilised as best it can be.

Finally, I would like to reiterate that this club is about inclusion. Whatever background, however talented, whichever discipline, whomever you are...the club has a place for you.

Thank you for all your support

John Sutcliffe

John Sutcliffe

Chair of Trustees

Trustees@nspoly.org



TRUSTEES' ANNUAL REPORT

June 2020

Trustees

Normally at our AGM we would ask our members to approve the Minutes of the Previous Meeting and the appointment of new trustees. We are delighted to confirm that the board have agreed the appointment of four new trustees. They are:

Graham Lewis-Dale – Trustee Membership and Retail
Bruce Robertson – Coaching Trustee
Ben Willcox – Treasurer
Greg Penn – Track Manager

All four have long-term associations with the club and bring exceptional experience to share our common goals. We are very much looking forward to working with our new trustees.

We have said goodbye to five trustees since our last AGM:

Chis Mole
Emma Quinn
Chris Walker
Simon Jamison
Tommy Brannon

Chris Mole and Chris Walker have stepped down to concentrate on their coaching roles within the club and lead the Track & Field section. Emma Quinn has been on the board for a year and helped align a number of our policies. Andrew will step back to concentrate on career and family commitments, and has been instrumental in strengthening our financial governance. Simon Jamison has set up the new coaching structure upon which Bruce Robertson will build, and will now concentrate on his coaching at the club. Finally, Tommy has supported the team with excellent enthusiasm and fantastic ideas, his service also including Chair of trustees in 2019.

Thank you to all, your immense work has been greatly appreciated.

Our remaining trustees will stay in their positions. They are:

Jim Richardson
Amanda Hall
Natasha Newson
Patrick Houghton
John Sutcliffe

We are always looking to enhance our Trustee Board in terms of diversity and expertise. If you feel you are able to give something back and excel in this challenging role, please contact one of the trustees to discuss further. We would love to hear from you.



TRUSTEES' ANNUAL REPORT

June 2020

Life Membership

The trustees have the discretion to designate members as Life Members. Nominations can vary from outstanding loyalty to the club, outstanding performances over a period of time, and long loyal service or backing to the benefit of the club.

Of course, there may be other cases worthy of Life Membership, subject to the board's discretion. This is not about being the highest performing athletes, but about any role contributing to the club over a meaningful period of time.

This year nominations have been received and voted for by the trustees for:

Mel Carr
Susan Mole
Chris Mole

All have shone in their roles, gone over and above, and are highly regarded by all members of the club.

A list of all those who have been awarded Life Membership will be updated and available on our website shortly.

Thank you to you all.





TRUSTEES' ANNUAL REPORT

June 2020

Member Achievements

The past year has seen a number of high profile achievements across all sections of the club.

Stories of many achievements are on our website and Facebook pages. In addition, we held a very successful Prize and Presentation Evening in September 2019. This saw 102 individual awards being given out, with an additional 54 coaches' awards. The full list of award winners is attached at the end of this report as an Appendix. Well done all.

We are sure our athletic achievements and accolades will continue well into 2021 and beyond!





TRUSTEES' ANNUAL REPORT

June 2020

Financial Report

Our AGM is also the time when we usually present our year end accounts to our members. We would encourage all of our members to have a look at the financial information within our most recent report, available via the Charity Commission website: <https://beta.charitycommission.gov.uk/charity-details?regid=1175041&subid=0> and if you have any questions or comments please don't hesitate to contact us.

Year End March 2019

The accounts filed with the Charity Commission represent the 18 month period to March 2019 and whilst these cover the period from registration as a charity in October 2017, they effectively only include financial information from March 2018.

These accounts report a net surplus for the year of £23,585 following receipts of £70,778 and expenses of £47,193. Income was generated from a number of sources, with subscriptions, race entries, hire of facilities, and clothing sales being the primary routes.

The primary costs include the maintenance of the clubhouse and associated supplies, licencing fees, race costs and utilities.

Overall, the club finished the year in sound financial health with overall cash reserves of £71,576.

Year End March 2020

Whilst formal accounts have not yet been finalised, it can be confirmed that the club remains in sound financial health with headline out-turn figures as follows:

	March 2020	March 2019
Receipts	£89,577	£70,777
Payments	£68,116	£47,192
Net Surplus	£21,461	£23,584
Reserves	£93,037	£71,576

Included within the receipts is just under £10,000 of fundraising, with headlines as follows:

May 2019 - awarded grant funding of £7,450 from Postcode Community Trust. This will help to expand our youth division by opening new recreational groups, recruiting new coaches, and purchase a range of athletics, fitness and safety equipment to facilitate coaching sessions.



TRUSTEES' ANNUAL REPORT

June 2020

August 2019 - secured £1,100 from the R.W. Mann Trust which will contribute towards branded t-shirts and coats for coaches, and training for our youth coaches in Level 3 Emergency Paediatric First Aid Certificate.

Nov 2019 - secured £250 from the Venator Fund to enable our young athletes to participate in the National Cross Country Championships.

Feb 2020 - awarded £450 from Proctor and Gamble's Employees Charity Fund to purchase equipment for our junior triathlon section - (this one thanks to Helen Johnson)

May 2020 - Sport England Community Emergency Response Fund £998 - to pay fixed costs incurred whilst no activities can take place due to COVID-19 lockdown restrictions including clubhouse rent, utilities, telephony/internet, and insurance.

Additionally, North of Tyne Athletics Network made a donation of £1,000 for the clubs' assistance in providing volunteers for their events.

Andrew McColl
Treasurer





TRUSTEES' ANNUAL REPORT

June 2020

Coaching

As a club we have invested significantly in our coaching capacity of late, as we feel it is vital to ensure our athletes have the best possible quality of coaching. We have put over 20 individuals through Run Leader (LiRF) and Coaching Assistant (CA) courses to assist with the safe and smooth running of all groups.

Within our Triathlon section, the club has funded a new Level 1 coach, two Level 2 coaches and a Level 3 qualification. For our senior endurance groups, alongside the LiRF course already mentioned we have also funded two individuals to complete their Coach in Running Fitness (CiRF) qualifications and agreed to fund another for a new group that has been set up. Our ever growing Fell section has been invested in and we now have two coaches qualified as Fell Leadership in Running Fitness (FLiRF) and another as a LiRF who are now beginning specialist Fell training sessions for the club. In Speed & Technical, we have funded three new Coaching Assistants and a further four who are waiting to start their Athletics Coaching qualifications.

For many years we have been a victim of our own success and this has led to large junior waitlists. Thanks to work led by our Head Coach, Simon Jamison, and with the introduction of some new coaches that have now joined from other clubs, we are moving towards a position where we can eliminate waitlists altogether.

Following the successful model employed within the Tri and Fell areas of the club, our Track & Field section has been working hard to relaunch with new clothing and social media presence. This will be followed by work across our junior and endurance groups with a similar aim.

Plans are also in the early stages and discussions are ongoing to introduce regular strength and conditioning sessions for both juniors and seniors utilising external facilities and also our current gym which will soon be revamped. Further to this, links have also been made with a sports psychologist who is keen to become involved on a regular basis.

Another change in the pipeline (and one that is still in the early days of planning), is that of our junior groups' progression structure. A clear pathway of progression is important for our juniors to understand their own development and what opportunities they can access within the club, be that track, field, triathlon, road, fell running or cross country. The more paths that are open to them, the more chance we have of retaining them from juniors to seniors and finally veterans. By focusing on long-term athletic development and tailoring sessions to their specific needs, we will ensure that their training remains relevant, exciting and beneficial to them whilst still retaining that element of fun and enjoyment that is vital for a happy, engaged athlete.



TRUSTEES' ANNUAL REPORT

June 2020

Clubhouse Review

In managing the clubhouse, the aims are to:

- Provide a safe environment for all clubhouse users
- Ensure the building is secure, both against the elements and from intrusion
- Provide a welcoming environment for all users
- Ensure the building meets the needs of all users

Over the last few years, the focus has necessarily been on the first two – safety and security – but looking forward there will be more focus on the other two.

In the last year we have continued to invest in the building for the benefit of all users, with major spending on:

- Replacing all lighting with new, brighter, energy-efficient LED lighting
- Installing new emergency push bars on fire exits, along with a range of other minor repairs to doors
- Installing a new hot water boiler in the kitchen
- Installing additional electrical sockets and relocating other sockets, to make the locations better for current use of the building
- Installing a new shutter for the counter area

We also planned to install a new front door and reinstate and upgrade the burglar alarm at the end of March, however these fell victim to the restrictions of COVID-19 and were postponed but should happen soon.

Unfortunately, we also had to spend £700 on repairs to the sewage pump system which was entirely avoidable as the issue was caused by wet wipes being flushed down the toilets.

In addition to the major items of spending we have held a couple of successful work afternoons, these have mainly focussed on tidying up and sorting out of various parts of the clubhouse. This is still a work in progress but we have disposed of lots of stuff not needed and found better homes for more items. Thank you to the members who turned up to lend a hand for these, it's amazing how much can be done in a couple of hours and this has made a huge difference to the appearance and usability of the clubhouse.

Looking forward, major items planned this year are to:

- Complete the front door and burglar alarm works that were postponed due to COVID-19
- Replace the broken cooker and hob in the kitchen
- Install new exterior signs to replace the current worn ones
- Redecorate the clubhouse throughout
- Renew the guttering



TRUSTEES' ANNUAL REPORT

June 2020

Clubhouse Review Contd.

With COVID-19 restrictions likely to be in place for some time resulting in disruptions to the normal club training sessions, we are hoping to carry out the more disruptive improvements when the clubhouse isn't in general use, if they can be done safely.

On a week-to-week basis, a lot of the time spent on the clubhouse manager role is on things that aren't seen. There are checks of the fire alarm system, fire extinguishers, defibrillator, first aid kits, emergency lighting and much more to make sure things are working as they should be. There are third parties to organise for things like servicing the gas appliances, fire alarm and fire extinguishers. There's a need to liaise with keyholders and third party users, including making sure we invoice each one correctly for usage. Then there are always those minor repairs and improvements where it's natural only to notice it if it hasn't been done.

As a member you can help in three key ways:

- As a user of the clubhouse, please don't walk on by. Can you put that litter in the bin, make sure things go back to where they live (tidily!), or if something's a bit messy, tidy it up?
- Can you support any work sessions when they happen? Even half an hour can make a difference.
- If you are free at other times, there's always a list of things that need doing so maybe you can take on a specific task and see it through to completion.

Last but not least – thank you to everyone who's contributed to keeping the clubhouse going over the last year, whether it be opening up for third parties, helping with work afternoons, or having a quick tidy on club nights.

James Parkinson
Clubhouse Manager



TRUSTEES' ANNUAL REPORT

June 2020

North Shields Poly Events

The club's events have unsurprisingly been affected by the COVID-19 pandemic, including the Clive Cookson 10k which was due to take place in May which has been postponed until 2021.

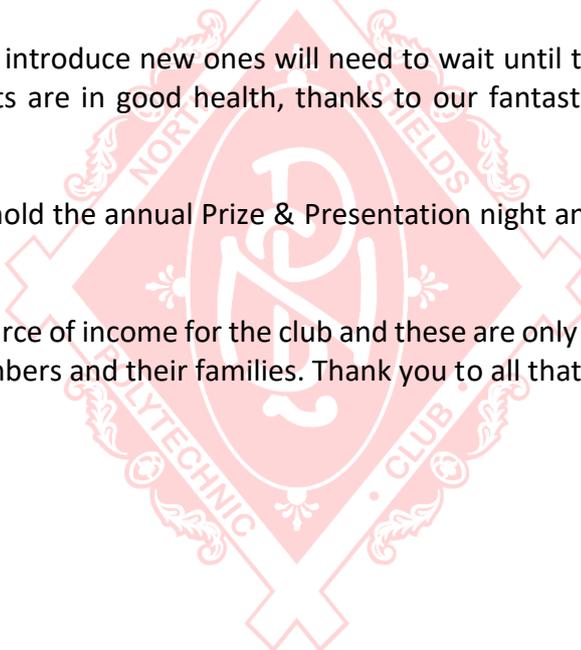
Earlier in the year we had success with the North Tyneside Trail 12k, a run which had been previously called the Run for Bob. This had in the past struggled to attract runners, but with the name changed to better communicate what the run was about and a marketing blitz, the event quickly sold out with 300 runners participating in January.

A few weeks earlier, the Pudding Run had similarly attracted record numbers, with over 1,000 people turning up on Boxing Day morning to run off the Christmas excess. Online entry helped this year to manage the crowds. This event, which is run in partnership with Woodlawn School, raised valuable funds for both the club and made a significant contribution to the school's minibus appeal.

Our plans to expand events and introduce new ones will need to wait until the current social distancing rules relax, but the club's events are in good health, thanks to our fantastic events team led by John Brettell.

It remains to be seen if we can hold the annual Prize & Presentation night and a celebration of the track refurbishment and re-opening.

Events continue to be a large source of income for the club and these are only possible with the huge level of support we receive from members and their families. Thank you to all that have helped.





TRUSTEES' ANNUAL REPORT

June 2020

Membership and Club Shop

Membership

Our new online membership management system, Loveadmin, was introduced in May 2020. This has replaced a slow and time-consuming process on Excel undertaken by our brilliant membership secretary, Susan Mole. Loveadmin provides a highly efficient, cloud-based system which monitors club membership fees, attendance, events and communication. With Loveadmin, the club also joined with GoCardless to allow easy processing of money to further ease the administration pressures on members and volunteers (e.g. cross country fees, other trips etc.).

From March 2020 it was decided by the trustees to reduce membership fees in order to support members during the COVID-19 pandemic. When the system was launched, most members paid fees and to date (20/06/2020) around 75% has been paid. Loveadmin is still in its early days, but we hope that it will drive efficiencies in club administration and reduce the volunteer time needed to manage and administrate a range of tasks.

Shop

January 2019 saw the introduction of a new range of clothing in the club shop with an online shop making an entrance for the first time. The online facility allows members to buy the new range of products at their convenience and collect on club nights. The online website was an instant success and has achieved in excess of £4,500 in turnover with 552 units and 383 orders.

Traffic to the site mostly came from social media and email with a total of 5,118 unique visitors and 12,000 page views. 72% of traffic was by mobile phone and 45% of visits by Facebook. In the shop we processed around £3,500 in cash or credit card sales. In mid-2019 we saw the introduction of an EPOS, Worldpay credit/debit card machine and super-fast broadband to support these new systems.

The shop overall achieved a total turnover of approximately £8,000 on clothing and tuck shop which was a significant increase on the loss we saw in previous years, generating a positive margin.



TRUSTEES' ANNUAL REPORT

June 2020

Track Refurbishment

For some time now the trustee team have been discussing, politically pressing and chasing the refurbishment of the track.

As you will no doubt know, the pressure has paid off. At the time of writing, the track refurbishment is nearing completion. North Tyneside Council (NTC) have used their reserves to allocate a significant pot of money to the facility and appointed a specialist England Athletics approved management contractor, Labosport to spec, appoint contractors and project manage the build, with an aim of achieving a high level EA TrackMark status.

Amongst the many aspects of the works, notable areas include: a new throwing cage with level access; vastly improved drainage; underfloor ducting for race timing; remodelled jump areas; new jump equipment; a perimeter fence with access gates; and importantly, a safe surface all round.

At the time of writing the club is finalising an agreement with NTC to license the track. Importantly though, NTC have two key objectives, to: retain the track for community use; and claw back some of their vast expenditure.

I'm sure everyone will agree, these are very important. However of utmost priority is ensuring the facility is maintained properly, as after all NSP club members use it most, have the greatest allocated time and will want it in the best possible condition.

Therefore, we have agreed in principle with NTC that North Shields Poly will maintain the facility and manage other athletics clubs' (who will soon be requested to pay a rental amount p.a.). We will also pay a nominal rent, reflecting our significant contribution to maintenance costs. This will be over an initial one-year rolling rental period.

North Shields Poly will not manage general public access, who will have the option of booking a time slot, via NTC's website, at non-club session times, via an electronic gate system. This will not apply until the COVID-19 pandemic is over.

North Shields Poly will be making a significant financial contribution to maintain the track to the standards required by NTC and England athletics. Per member this equates to less than £10 per year, but we have no plans to charge for track usage per session as some other facilities do. Keep an eye on the website and Facebook for further updates.



TRUSTEES' ANNUAL REPORT

June 2020

Volunteers

In 2019-2020, several of our Club volunteers were awarded efforts for their contribution to our club and sport at the England Athletics Regional Volunteers Awards ceremony.

These included:

Susan Mole – Winner – Volunteer of the Year

Neil Ellerby – Runner-Up: Coach of the Year

Bernard Johnson – Winner - Services to Athletics; Runner-Up: Official of the Year

Their dedication and contribution to the wider athletics community and to the Poly is gratefully appreciated.

Partnership Working

Throughout 2019-20, the Poly continued its tradition of working in partnership with the public and voluntary sectors. These have included:

North Tyneside Council

Woodlawn School – Boxing Day Run

NOTAN (North of Tyne Athletics Network) who deliver our Senior Road Race, Fairbairn Cup and Kings Street Club Championship races

Northumberland Air Ambulance – First Aid providers at the North Tyneside 12 k event

Marden Bridge Sports Centre



TRUSTEES' ANNUAL REPORT

June 2020

In summary:

These are exceptional times, and very challenging for the many athletics and sports clubs throughout the UK.

We hope you are all staying safe and well, and we look forward to meeting with many of you again face to face when it is the right time to do so.

The Trustee Team, North Shields Poly 2020





TRUSTEES' ANNUAL REPORT

June 2020

Appendix:

A. Prize & Presentation Night Awards 2019

JUNIOR AWARDS

TRACK AND FIELD AWARDS

U17W

- 1st - Evie Perrett
- 2nd - Quisha Graham
- 3rd - Martha Topping

U15G

- 1st - Anna Fitzpatrick.
- 2nd - Jessie Davison
- 3rd - Katie Joslyn

U13G

- 1st - Emily Bond
- 2nd - Caitlyn Davies
- 3rd - Lucy Fitzpatrick

ROAD RUNNING - JUNIOR ROAD RACE CHAMPIONSHIPS

U9G

- 1st - Emily McColl
- 2nd - Izzie Johnson
- 3rd - Rosa Atkinson

U11G

- 1st - Anna Johnson
- 2nd - Daisy-May Towndrow
- 3rd - Maggie Mordain.

U13G

- 1st - Caitlyn Davies
- 2nd - Jocelyn Black

U17M

- 1st - James Wordsworth
- 2nd - Ryan Eden
- 3rd - Josh Collinson

U15B

- 1st - Zak Old
- 2nd - Josh Blevins
- 3rd - Matthew Forster

U13B

- 1st - Rhys Brunton
- 2nd - Ben Scantlebury
- 3rd - Elliot Robertson

U9B

- 1st - Finn Johnson
- 2nd - Luke Cummings
- 3rd - Leon Kirkpatrick

U11B

- 1st - Oscar Makepeace
- 2nd - Charlie Furness
- 3rd - Max Cummings

U13B

- 1st - Zac Brannon
- 2nd - Daniel Turnbull



TRUSTEES' ANNUAL REPORT

June 2020

3rd - Catherine Atkinson

3rd - Benjamin Maley

U15G

1st - Holly Waugh

2nd - Willow Morris

3rd - Katy Joslyn

U15B

1st - Ryan Eden

2nd - Jared Watson

U17G

1st - Kirsty Nash

ROAD RUNNING - JUNIOR GRAND PRIX

GIRLS - PAULA ADAMSON TROPHY

1st - Katy Otterson

2nd - Faye Crawford

BOYS - PAULA ADAMSON MEMORIAL SHIELD

1st - Zac Brannon

2nd - Oscar Makepeace

CROSS COUNTRY - NE COUNTIES CHAMPIONSHIP

U13G

1st - Katie Joslyn

U13B

1st - Benjamin Maley

U15G

1st - Holly Waugh

U15B

1st - Joshua Blevins

U17G/U20girl

1st - Izzy Robinson

MULTI-SPORT - TRIATHLON/DUATHLON

JUNIOR MULTI SPORT ATHLETE OF THE YEAR

GIRL - Katy Otterson

Boy - Aidan Turner





TRUSTEES' ANNUAL REPORT

June 2020

SPECIAL AWARDS

TREVOR STOPPFORD MEMORIAL TROPHY

Awarded to the young sprinter/hurdler making above average progress

WINNER - Emily Bond

HELEN OUGHTON MEMORIAL SHIELD

Awarded to most promising up & coming middle distance lady

WINNER - Holly Waugh

THE CHIPCHASE TROPHY

Awarded to best performing field athlete

WINNER - James Wordsworth

THE NORMAN DAVIS TROPHY

Awarded to the most promising middle distance male of the year

WINNER - Josh Blevins

THE DIANE WILLIAMS SHIELD

Awarded to best performing under 11 athlete

WINNER - Zac Brannon

THE ANDREW WEBB TROPHY

Awarded to best newcomer of the year

JUNIOR WINNER - Zac Old

JOHN MICHAEL EARNSHAW TROPHY

Awarded to athlete who has attained highest standard during the year

WINNER - Josh Blevins





TRUSTEES' ANNUAL REPORT

June 2020

COACHES AWARDS

JAMES MOLE

- 1 - Joanna Crulley
- 2 - Jessie Davison
- 3 - Lily Humphreys
- 4 - Lily Lee
- 5 - Rhys Brunton

CHRIS MOLE

- 1 - Josh Collinson
- 2 - Martha Topping
- 3 - Jess Lively
- 4 - Lucy Errington

MEL CARR

- 5:30 Group
- 1 - Brodie Richardson
- 2 - Leo Macarpalini
- 3 - Isabel Hurst
- 4 - Lily McColl
- 6:30 Group
- 1 - Bea Thew
- 2 - Jocelyn Black
- 3 - Zac Brannon
- 4 - Benjamin Maley

LAURA BARBOUR

- 1 - Elliott Robertson
- 2 - Kimi Ntwari
- 3 - Jakob Adams
- 4 - Lucy Fitzpatrick
- 5 - Callum May

STEVE TURNER

- 1 - Anna Johnson
- 2 - Madeline Surtees
- 3 - Oscar Raines
- 4 - Thomas Davidson
- 5 - William McEwan

ALAN BROWNRIGG

- 1 - Heston Floyd
- 2 - Zain Nazlie
- 3 - Jessie Richardson

JANE FAHEY

- 1 - Charlie Johnson
- 2 - Charlie Coleman
- 3 - Delilah Quinn
- 4 - Rhye West
- 5 - Felix Dixon





TRUSTEES' ANNUAL REPORT

June 2020

SENIOR AWARDS

TRACK AND FIELD AWARDS

SENIOR WOMEN

1st - Laura Mole
2nd - Lourdes Bradley
3rd - Wendy Pawsey

SENIOR MEN

1st - James Mole
2nd - John Renney
3rd - Chris Walker

U20 WOMEN

1st - Jemma Rowell
2nd - Stella Perrett

U20 MEN

1st - Robert Mole
2nd - Connor Splevins
3rd - Jake Hill

ROAD RUNNING

MEMORIAL SHIELD - BASED ON CLIVE COOKSON 10K

FIRST WOMAN - Steph Dann 38.15 FIRST MAN - Dave Green 33.08

FAIRBAIRN CUP - BASED ON FINAL GRAND PRIX

FIRST POLY MAN - Peter Atkinson

FORMICA & KING STREET CUP

FIRST POLY WOMAN - Kath Richards

VETERANS 10K TROPHY - BASED ON BLYTH 10K

FIRST WOMAN - Suzanne Thew FIRST MAN - Jon Heaney
2ND WOMAN - Becky Coleman 2ND MAN - Paul Harris

TOMMY ANDERSON SHIELD - BASED ON BLYTH 10K

U20 MAN - Tom Sursham

WELCH TROPHY - SENIOR 10K

1ST WOMAN - Claire Mc Manus 1ST MAN - Michael parkinson
2ND WOMAN - Gemma Wallett 2ND MAN - Paul West



TRUSTEES' ANNUAL REPORT

June 2020

ALAN LAMB TROPHY - BASED ON BLAYDON RACE

1ST WOMAN - Jacky Penn 32.05. 1ST MAN - Graeme Cook 29.08

MARATHON SHIELD

WOMAN - Charlotte Penfold (Manchester 3.03)

MAN - Michael Parkinson (London 2.46)

CROSS COUNTRY

JUBILEE SHIELD - BASED ON NE COUNTIES CHAMPIONSHIP

1ST WOMAN - Carla Maley

1ST MAN - Dave Green

NORTH EAST HARRIER LEAGUE PLAQUES

1ST WOMAN - Karen Loughney

1ST MAN -Vaughan Hemy

2ND WOMAN - Claire Harlow

2ND MAN - Chris Waite

FELL RUNNING

BASED UPON SELECTED FELL RACES

FEMALE WINNER - Helen Heaney

MALE WINNER - Gary Robson

POLYFELLER OF THE YEAR

WINNER – Mark Smith

TRIATHLON/DUATHLON

SENIOR MULTI-SPORT ATHLETE OF THE YEAR

FEMALE - Becky Coleman

MALE - Daniel Venner

SENIOR MULTI-SPORT PERFORMANCE OF THE YEAR

FEMALE - Louise Turnbull

MALE - Lee Williams

SPECIAL AWARDS

THE ANDREW WEBB TROPHY

Awarded to best newcomer of the year



TRUSTEES' ANNUAL REPORT

June 2020

SENIOR WINNER - Dave Green

STEADY EDDIE SHIELD

Awarded to person who has contributed most to success of club and is voted by club members

WINNER - SIMON JAMISON

TOMMY MOODY AWARD

Awarded to an adult athlete for displaying personal achievement, achieving goals, overcoming adversity and displaying a true commitment to North Shields Poly.

WINNER - JOHNNY HILL

COACHES AWARDS

RON STEWART

- 1 - Lita Gill
- 2 - Sue Rogers
- 3 - Michelle Thomson
- 4 - Jon Heaney
- 5 - Johnny Hill

PHIL HAYES

- 1 - Issy Robinson
- 2 - Natalie Thorburn
- 3 - Jake Hill

GEMMA THOMPSON

- 1 - Phil Dorr
- 2 - Mark Burgess
- 3 - Margaret Povey
- 4 - Michelle Jones
- 5 - Paula Abbott

PHIL REES

- 1 - Michael Parkinson
- 2 - Clare Winter
- 3 - Rhys Durrant
- 4 - Claire Harlow
- 5 - Steve Colby

CHRIS MOLE

- 1 - Stella Perrett

