<u>Trustee Nominations – for the AGM 4th February 2019</u>

Natasha Newson

Background & why I want to be a trustee. I've run my own business development consultancy business for the last six years, during which time I've worked on hundreds of bids and grant applications, and won lots of money for my clients (somewhere in the region of £150-£200m). Therefore, I am pretty good at applying for and winning money! I also work as a specialist advisor to a range of charities and social enterprises, advising on governance and funding. I am a charity trustee and have been for four years. I want to be a trustee for the Poly because I will be forever grateful for all that it has brought me (slightly faster/better running and a bunch of great people!).

Simon Jamison

I have been a member of the Poly for over 10 years and have gained so much from the club and feel it's time for me to pay some of that back and that is why I would like to become a trustee. I am currently working as a sports massage therapist but have a background in working in Primary education and teaching and coaching athletics to children. Having been a member of Ron Stewart's training group for the past 10 years. I also have often taken Ron's sessions when he is away and I am a qualified Coaching Assistant and am due to complete my Coach in Running Fitness qualification in the coming weeks. My current role within the club is as part of the communications committee, I am also an admin and contributor to the clubs Facebook pages, Instagram, Strava and Twitter feeds and for the past two years have been responsible for designing the race t shirt for the Cookson 10k.

Chris Walker

I've been at the club for a few years now and in. my short time have established myself as a thrower who will always put on the vest with pride and last year became a fully licensed coach to maintain the high standards of the club into the future. I feel that now is the time to take a further step towards being involved in the future of the club by becoming a trustee (with a focus on Gym and Facilities management) assisting with the running of the club to keep up the high standards and ensure that the performance side of the club challenges for the highest competitions with the support needed to achieve this.

Jim Richardson

I've been a member of the club for several years, and now also have the pleasure of watching my three children train with the Poly. I have been a trustee of two charities over the past decade, most recently North of England Children's Cancer Research for which I'm the Vice Chairman. Through this I have been very involved in the Children's Cancer Run acting as a hands-on Course Director for the five mile fun run.

I'm the Managing Director of an events company, and have been self-employed for more than two decades, giving me a good understanding of financial information and generating income.

I believe that both my charity and business experience give me knowledge and experience that would be useful to North Shields Poly, and would like the opportunity to give back to the club.