

DRAFT North Shields Polytechnic Clive-Cookson 10K Results 2018

<i>Position</i>	<i>Number</i>	<i>First Name</i>	<i>Surname</i>	<i>Gender</i>	<i>Age Category</i>	<i>Club</i>	<i>Time</i>
1	163	Ian	Hudspith	Male	V45	Morpeth Harriers & AC	00:31:29
2	105	James	Dunce	Male	S	Tyne Bridge Harriers	00:31:36
3	63	Tom	Charlton	Male	S	Tyne Bridge Harriers	00:31:43
4	144	Ian	Harding	Male	V35	Morpeth Harriers & AC	00:32:29
5	305	Terry	Scott	Male	V45	Tyne Bridge Harriers	00:32:35
6	386	Carl	Smith	Male	S	Tyne Bridge Harriers	00:32:47
7	167	Stephen	Jackson	Male	V35	Elvet Striders	00:32:58
8	405	William	Robson	Male	S	North Shields Polytechnic Club	00:33:17
9	179	Elliot	Kelly	Male	S	North Shields Polytechnic Club	00:33:22
10	455	Sparrow	Morley	Male	S	Tyne Bridge Harriers	00:33:46
11	360	Gary	Wallace	Male	V35	Blackhill Bounders	00:34:11
12	100	Lee	Dover	Male	S	Houghton Harriers & AC	00:34:34
13	383	David	Wright	Male	V40	Tyne Bridge Harriers	00:34:55
14	36	Lee	Bennett	Male	V45	Morpeth Harriers & AC	00:34:57
15	304	Stephen	Schubeler	Male	V35	Heaton Harriers & AC	00:35:21
16	156	Andrew	Heppell	Male	V40	Gosforth Harriers & AC	00:35:26
17	352	Paul	Turnbull	Male	V35	Tyne Bridge Harriers	00:35:29
18	180	Tim	Kelso	Male	V35	Tyne Bridge Harriers	00:35:30
19	86	Matthew	Darbyshire	Male	S	Wallsend Harriers & AC	00:35:47
20	411	Matthew	Boyle	Male	S	Morpeth Harriers & AC	00:35:50
21	176	Graeme	Kafka	Male	V35	Unattached	00:35:52
22	323	Alastair	Spanner	Male	V45	Tyne Bridge Harriers	00:35:53
23	330	Noel	Stoddart	Male	V40	Elswick Harriers	00:35:54

24	170	Justin	Januszewski	Male	V35	Tyne Bridge Harriers	00:35:55
25	250	Timothy	Nicholson	Male	S	Wallsend Harriers & AC	00:35:57
26	294	Jevan	Robertson	Male	S	Tyne Bridge Harriers	00:36:16
27	260	Michael	Parkinson	Male	V45	North Shields Polytechnic Club	00:36:24
28	195	Michael	Littlewood	Male	V40	Elvet Striders	00:36:42
29	329	Jason	Stirland	Male	V40	North Shields Polytechnic Club	00:36:53
30	396	James	Willoughby	Male	S	Alnwick Harriers	00:36:54
31	104	Andrew	Duke	Male	V45	Sunderland Strollers	00:36:55
32	132	Paul	Gilder	Male	V40	North Shields Polytechnic Club	00:36:56
33	221	Magnus	McGillivray	Male	V35	Heaton Harriers & AC	00:37:02
34	251	Ian	Norman	Male	V55	Heaton Harriers & AC	00:37:03
35	351	Mark	Turnbull	Male	V50	Elswick Harriers	00:37:17
36	321	Danielle	Smythe	Female	S	Heaton Harriers & AC	00:37:24
37	109	Colin	Eberhardt	Male	V40	North Shields Polytechnic Club	00:37:26
38	217	Rory	McConnachy	Male	V35	North Shields Polytechnic Club	00:37:36
39	204	Rhyss	Mackay	Male	S	Unattached	00:37:47
40	387	Mark	Prendergast	Male	S	North Shields Polytechnic Club	00:37:58
41	19	Andrew	Ball	Male	V40	Elswick Harriers	00:38:03
42	149	Dave	Hartis	Male	V35	Tyne Bridge Harriers	00:38:03
43	371	John	Whitfield	Male	V50	North Shields Polytechnic Club	00:38:24
44	101	Craig	Downs	Male	V40	Unattached	00:38:25
45	345	Ross	Thraves	Male	S	Unattached	00:38:27
46	126	Michael	Friberg	Male	V40	Blaydon Harriers & AC	00:38:38
47	399	Chris	Snowball	Male	S	Ashington Hirst Running Club	00:38:38
48	155	Michael	Henderson	Male	V35	Sunderland Strollers	00:38:40
49	393	Thomas	Bell	Male	S	Heaton Harriers & AC	00:38:43
50	205	Stephanie	Maclean-Dann	Female	V40	North Shields Polytechnic Club	00:38:45

51	287	Liam	Riley	Male	S	Heaton Harriers & AC	00:38:46
52	408	Jeremy	Smith	Female	V50	Heaton Harriers & AC	00:38:48
53	123	Matthew	Fletcher	Male	V35	Unattached	00:38:51
54	107	James	Duthie	Male	V45	Heaton Harriers & AC	00:39:00
55	22	David	Barker	Male	V40	Ashington Hirst Running Club	00:39:15
56	161	Richard	Houghton	Male	V35	Elswick Harriers	00:39:18
57	219	Scott	McEntee	Male	V35	Heaton Harriers & AC	00:39:19
58	377	Gareth	Wilson	Male	V40	North York Moors AC	00:39:20
59	373	Andrew	Wigmore	Male	V35	Wallsend Harriers & AC	00:39:21
60	369	Christopher	West	Male	V35	Tyne Bridge Harriers	00:39:23
61	111	Chris	Eggett	Male	V45	Unattached	00:39:25
62	148	Andy	Harrison	Male	V45	Tyne Bridge Harriers	00:39:30
63	309	Mick	Skeldon	Male	V45	Wallsend Harriers & AC	00:39:32
64	12	Stephen	Atwell	Male	V45	North Shields Polytechnic Club	00:39:34
65	212	Sophie	Marr	Female	S	Tyne Bridge Harriers	00:39:35
66	188	Chris	Lawrence	Male	S	Jesmond Joggers	00:39:38
67	344	Jonathan	Thornton	Male	V35	Heaton Harriers & AC	00:39:39
68	85	David	Daniels	Male	V45	Tyne Bridge Harriers	00:39:41
69	94	Mark	Derry	Male	V35	Unattached	00:39:57
70	69	Steven	Colby	Male	S	North Shields Polytechnic Club	00:40:02
71	73	Shaun	Connelly	Male	V50	Elswick Harriers	00:40:08
72	72	Martin	Connelly	Male	V50	Elswick Harriers	00:40:08
73	301	mike	russell	Male	V45	Elswick Harriers	00:40:11
74	412	Kevin	Sorlie	Male	V40	Tyne Bridge Harriers	00:40:14
75	249	Stephen	Nicholson	Male	V40	North Shields Polytechnic Club	00:40:19
76	4	Chris	Anderson	Male	V35	Unattached	00:40:26
77	185	Simon	Kristiansen	Male	V35	Tyne Bridge Harriers	00:40:28

78	348	James	Torbett	Male	V40	Wallsend Harriers & AC	00:40:28
79	220	Simon	McGeary	Male	V45	Elswick Harriers	00:40:29
80	112	Colin	Egner	Male	S	Unattached	00:40:30
81	357	Chris	Waite	Male	V45	North Shields Polytechnic Club	00:40:36
82	400	Matthew	Diment	Male	S	Claremont Road Runners	00:40:45
83	117	Richard	Fawcett	Male	S	North Shields Polytechnic Club	00:40:48
84	289	Ellen	Roberts	Female	V35	Heaton Harriers & AC	00:40:50
85	34	Paul	Bell	Male	V35	Morpeth Harriers & AC	00:40:51
86	376	Lee	Williams	Male	V40	North Shields Polytechnic Club	00:40:52
87	43	Scott	Brady	Male	S	Elswick Harriers	00:40:55
88	368	Simon	Wells	Male	V45	Jesmond Joggers	00:40:55
89	1	Michael	Abrams cohen	Male	S	Unattached	00:41:04
90	76	Lee	Coulson	Male	V40	Elswick Harriers	00:41:13
91	20	andrea	banner	Female	V45	Elswick Harriers	00:41:14
92	314	Graeme	Smith	Male	V35	Saltwell Harriers	00:41:24
93	169	Simon	Jamison	Male	V40	North Shields Polytechnic Club	00:41:25
94	311	Peter	Sloan	Male	V60	Elswick Harriers	00:41:26
95	133	Jane	Giles	Female	V50	Gateshead Harriers & AC	00:41:27
96	14	Brian	Bailes	Male	V55	Birtley AC	00:41:31
97	236	Calum	Mills	Male	S	Heaton Harriers & AC	00:41:32
98	6	Graham	Armstrong	Male	V55	Wallsend Harriers & AC	00:41:34
99	390	Stuart	Haigh	Male	V35	North Shields Polytechnic Club	00:41:39
100	261	Ross	Patterson	Male	V40	Unattached	00:41:42
101	15	Andrew	Bainbridge	Male	V35	Unattached	00:41:46
102	230	Mark	McNally	Male	V70	Elswick Harriers	00:41:51
103	276	Ben	Rea	Male	V40	Unattached	00:41:55
104	342	Andy	Thornton	Male	V35	Unattached	00:41:56

105	268	Andrew	Phillips	Male	V40	North Shields Polytechnic Club	00:41:58
106	318	Matt	Smith	Male	S	Tyne Bridge Harriers	00:42:01
107	134	Colin	Glacken	Male	V50	Unattached	00:42:02
108	131	Chris	George	Male	V40	Heaton Harriers & AC	00:42:03
109	239	Steven	Morrison Cairns	Male	V45	Blyth Running Club	00:42:04
110	152	Stephen	Heads	Male	V55	North Shields Polytechnic Club	00:42:09
111	388	Ben	Hall	Male	V35	Elswick Harriers	00:42:10
112	174	Dean	Johnson	Male	V40	Unattached	00:42:11
113	191	Catherine	Lee	Female	S	Elswick Harriers	00:42:11
114	114	Robert	Emson	Male	V50	Elswick Harriers	00:42:15
115	93	Paul	Davy	Male	V45	North Shields Polytechnic Club	00:42:17
116	71	Joe	Colligan	Male	S	Wallsend Harriers & AC	00:42:20
117	64	Chris	Checkley	Male	V45	Heaton Harriers & AC	00:42:26
118	55	Christine	Burns	Female	V35	North Shields Polytechnic Club	00:42:28
119	39	Stewart	Blackett	Male	V40	Unattached	00:42:30
120	454	Robert	Brown	Male	V40	Heaton Harriers & AC	00:42:37
121	275	Liz	Raven	Female	S	Gateshead Harriers & AC	00:42:48
122	397	James	Porteous	Male	S	Gateshead Harriers & AC	00:42:49
123	297	Peter	Robinson Smith	Male	V40	Heaton Harriers & AC	00:42:54
124	106	Gary	Dunmore	Male	V45	Sunderland Strollers	00:42:55
125	302	John	Sayer	Male	V45	North Shields Polytechnic Club	00:42:58
126	51	Joanne	Brown	Female	V45	Elswick Harriers	00:43:06
127	146	Lisa	Harpin	Female	S	Heaton Harriers & AC	00:43:12
128	358	Andrew	Walker	Male	V50	South Shields Harriers & AC	00:43:12
129	416	mark	Storey	Male	S	Unattached	00:43:15
130	295	Heather	Robinson	Female	V55	Jarrow & Hebburn AC	00:43:23
131	80	David	Crowe	Male	V35	North Shields Polytechnic Club	00:43:30

132	102	alan	drummond	Male	V45	Birtley AC	00:43:32
133	151	Lee	Head	Male	V45	North Shields Polytechnic Club	00:43:34
134	47	Sean	Brodie	Male	V45	Unattached	00:43:35
135	459	David	Wright	Male	V55	North Shields Polytechnic Club	00:43:37
136	241	Roger	Mosedale	Male	V50	North Shields Polytechnic Club	00:43:38
137	254	Chris	O'Neill	Male	V40	Unattached	00:43:39
138	245	Susan	Murphy	Female	V35	Tyne Bridge Harriers	00:43:41
139	41	Geoff	Blair	Male	V55	Jesmond Joggers	00:43:45
140	273	Andrew	Quinn	Male	S	Unattached	00:43:46
141	207	David	Main	Male	S	Heaton Harriers & AC	00:43:50
142	341	Neil	Thompson	Male	V40	Tyne Bridge Harriers	00:43:51
143	183	Graham	King	Male	V60	Tyne Bridge Harriers	00:43:53
144	409	Damien	Dangworth	Male	V45	Unattached	00:43:53
145	143	Adam	Hamilton	Male	S	Wallsend Harriers & AC	00:44:05
146	456	Geoffry	Robinson	Male	V55	Jarrow & Hebburn AC	00:44:07
147	49	john	brown	Male	V65	North Shields Polytechnic Club	00:44:09
148	168	Emily	James	Female	V35	Wallsend Harriers & AC	00:44:11
149	247	Daniel	Nettle	Male	V45	Elswick Harriers	00:44:12
150	186	David	Lambert	Male	V40	Unattached	00:44:13
151	355	Cristina	Tyley	Female	V35	North Shields Polytechnic Club	00:44:14
152	364	simon	ward	Male	V40	Unattached	00:44:16
153	187	Robert	Lambert	Male	V50	Elswick Harriers	00:44:17
154	201	Maggie	Lorraine	Female	V60	Gateshead Harriers & AC	00:44:18
155	203	Alan	Macaulay	Male	V60	Tyne Bridge Harriers	00:44:24
156	108	Catherine	Eaton	Female	V35	Tyne Bridge Harriers	00:44:26
157					S		00:44:28
158	316	Jak	Smith	Male	S	Unattached	00:44:30

159	395	Mike	Harvey	Male	S	North Shields Polytechnic Club	00:44:31
160	31	Aidan	Batey	Male	S	Heaton Harriers & AC	00:44:31
161	139	Lindsey	Grant	Female	V45	Elswick Harriers	00:44:40
162	379	Valerie	Wilson	Female	V50	Elswick Harriers	00:44:42
163	274	Nicholas	Quinn	Male	S	Unattached	00:44:45
164	206	Howard	MacLennan	Male	V40	Claremont Road Runners	00:44:47
165	327	susanne	stephenson	Female	V50	Elswick Harriers	00:44:49
166	197	Glen	Logan	Male	V40	Unattached	00:45:08
167	362	Peter	Wallis	Male	V40	North Shields Polytechnic Club	00:45:11
168	356	Diane	Vaughan	Female	V50	Quakers Running Club	00:45:12
169	145	Claire	Harlow	Female	S	North Shields Polytechnic Club	00:45:13
170	401	Martin	Haddon	Male	V40	North Shields Polytechnic Club	00:45:14
171	35	Jill	Bennett	Female	V45	Morpeth Harriers & AC	00:45:35
172	313	Brian	Smith	Male	V50	Newcastle Frontrunners	00:45:38
173	224	Vicky	McIntyre	Female	V45	Gosforth Harriers & AC	00:45:47
174	253	Keith	O'Donnell	Male	V40	Wallsend Harriers & AC	00:45:54
175	209	Alex	Malia	Male	S	Unattached	00:46:07
176	392	Mark	Shorting	Male	V35	North Shields Polytechnic Club	00:46:11
177	461	Noel	Urwin	Male	V50	Unattached	00:46:26
178	243	Peter	Mummery	Male	V40	Unattached	00:46:31
179	291	Brian	Robertson	Male	V50	Wallsend Harriers & AC	00:46:34
180	391	Roger	Makepeace	Male	V45	North Shields Polytechnic Club	00:46:36
181	296	Paul	Robinson	Male	S	Alnwick Harriers	00:46:38
182	54	Mark	Burgess	Male	V45	North Shields Polytechnic Club	00:46:43
183	306	Chris	Shearsmith	Male	V40	Elvet Striders	00:46:46
184	322	Edward	Snelders	Male	V40	Unattached	00:46:48
185	326	Richard	Stephenson	Male	V45	North Shields Polytechnic Club	00:46:51

186	238	Tom	Moffett	Male	V40	Concordia Runners & Pedallers	00:46:57
187	410	Iain	Cridlaid	Male	V45	North Shields Polytechnic Club	00:47:04
188	78	Donald	Craig	Male	V35	Unattached	00:47:06
189	460	Billy	Shaw	Male	V45	Blyth Running Club	00:47:07
190	37	John	Berry	Male	V45	Gosforth Harriers & AC	00:47:08
191	231	vicki	mcphee	Female	V45	Elswick Harriers	00:47:17
192	365	Sandra	Watson	Female	V50	Blyth Running Club	00:47:18
193	378	Robert	Wilson	Male	V55	Elswick Harriers	00:47:25
194	184	Scott	Kirkley	Male	V55	Wallsend Harriers & AC	00:47:28
195	84	David	Curran	Male	S	Tyne Bridge Harriers	00:47:30
196	457	Tom	Hanson	Male	V60	Elswick Harriers	00:47:30
197	74	Lynne	Cornell	Female	V50	Unattached	00:47:35
198	147	Paul	Harris	Male	V50	Tyne Bridge Harriers	00:47:41
199	264	David	Peacock	Male	V45	North Shields Polytechnic Club	00:47:46
200	21	michael	barbour	Male	V45	Unattached	00:47:49
201	178	Lucy	Keating	Female	V45	Unattached	00:47:51
202	157	Kevin	Hickey	Male	V40	Manchester Frontrunners	00:48:04
203	213	Harry	Matthews	Male	V70	Elswick Harriers	00:48:05
204	140	John	Grimshaw	Male	V50	Tyne Bridge Harriers	00:48:13
205	141	Andrew	Guerin	Male	V35	Unattached	00:48:16
206	9	Michael	Ashby	Male	V50	Blyth Running Club	00:48:28
207	299	Simon	Rose	Male	V45	Unattached	00:48:32
208	214	Kim	Matthews	Female	V55	Elswick Harriers	00:48:34
209	44	Daniel	Brand	Male	V35	Unattached	00:48:35
210	25	Mark	Barrett	Male	V45	Unattached	00:48:40
211	361	Mark	Wallis	Male	S	Unattached	00:48:47
212	265	Helen	Peacock	Female	V40	Gosforth Harriers & AC	00:48:48

213	248	Alison	Nicholson	Female	V40	North Shields Polytechnic Club	00:48:50
214	75	David	Cornish	Male	S	Tyne Bridge Harriers	00:48:54
215	389	Paul	Sisterson	Male	V50	Unattached	00:48:58
216	286	Dawn	Ridgway	Female	V40	Unattached	00:49:02
217	359	Karen	Walker	Female	V50	Tyne Bridge Harriers	00:49:06
218	240	Chris	Morrow	Male	V35	Sunderland Strollers	00:49:07
219	136	Matt	Gould	Male	V35	Unattached	00:49:09
220	285	Julie	Richardson	Female	V40	Gateshead Harriers & AC	00:49:10
221	222	Christopher	McGuire	Male	S	Unattached	00:49:10
222	278	Kerry	Reed	Female	V40	Tyne Bridge Harriers	00:49:12
223	308	Judith	Shotton	Female	V50	Sunderland Harriers & AC	00:49:18
224	24	Heather	Barrass	Female	V40	Blyth Running Club	00:49:20
225	52	David	Bullock	Male	S	Heaton Harriers & AC	00:49:23
226	38	Paul	Blackett	Male	V40	Blyth Running Club	00:49:37
227	325	Ian	Spencer	Male	V55	Sedgefield Harriers	00:49:43
228	56	Ismail	Bushra	Male	S	Unattached	00:49:54
229	450	George	Bate	Male	V45	Unattached	00:49:54
230	30	Melissa	Bateson	Female	V50	Elswick Harriers	00:49:56
231	307	Sarah	Sherlaw	Female	V35	Unattached	00:50:08
232	403	Philippa	Lee	Female	S	Unattached	00:50:16
233	50	Tony	Brown	Male	V50	Stocksfield Striders	00:50:21
234	171	Nina	Jensen	Female	V45	Claremont Road Runners	00:50:28
235	158	Cathy	Hogan	Female	V35	Unattached	00:50:29
236	127	Katie	Gallagher	Female	V35	Tyne Bridge Harriers	00:50:42
237	404	Dean Robert	Auld	Male	V50	Unattached	00:50:51
238	300	Sarah	Rushbrooke	Female	V45	Tyne Bridge Harriers	00:50:55
239	125	Mark	Frampton	Male	V50	Unattached	00:51:08

240	166	Patricia	Hunter	Female	V55	Unattached	00:51:33
241	340	Ian	Telford	Male	V50	Unattached	00:51:33
242	199	Davina	Lonsdale	Female	V50	Blyth Running Club	00:51:39
243	28	Ian	Bassett	Male	V45	North Shields Polytechnic Club	00:51:39
244	62	Philip	Charlton	Male	V55	Unattached	00:51:40
245	218	Colin	McEntee	Male	V65	Heaton Harriers & AC	00:51:45
246	256	Sophie	O'Neill	Female	V40	Unattached	00:51:46
247	98	Phil	Dorr	Male	V50	North Shields Polytechnic Club	00:51:47
248	281	Lottie	Rhodes	Female	S	Jesmond Joggers	00:51:56
249	211	Mish	Margison	Female	V40	Wallsend Harriers & AC	00:52:01
250	189	David	Lawson	Male	V35	Unattached	00:52:05
251	135	Simon	Godfrey	Male	V40	Ashington Hirst Running Club	00:52:05
252	259	Julie	Parkinson	Female	V35	Ashington Hirst Running Club	00:52:06
253	66	Robert	Clark	Male	V35	Unattached	00:52:10
254	258	David	Pace	Male	V55	Unattached	00:52:12
255	113	Laura	Emmerson	Female	V35	Unattached	00:52:16
256	77	Louise	Coultate	Female	S	North Shields Polytechnic Club	00:52:24
257	462	Philip	Sellars	Male	S	North Shields Polytechnic Club	00:52:27
258	142	Andrew	Hackett	Male	V50	North Shields Polytechnic Club	00:52:46
259	233	Aileen	Mill	Female	V35	Unattached	00:52:49
260	458	Fiona	Wright	Female	V50	North Shields Polytechnic Club	00:52:52
261	129	Ian	Gatherar	Male	V35	Unattached	00:52:57
262	270	James	Prescott	Male	V50	Tyne Bridge Harriers	00:53:02
263	46	Matthew	Brister	Male	S	Unattached	00:53:04
264	27	Andrew	Bassett	Male	S	Unattached	00:53:08
265	192	Philip	Lee	Male	V55	Alnwick Harriers	00:53:22
266	11	Anita	Attala	Female	V50	North Shields Polytechnic Club	00:53:24

267	172	Laura	Jobson	Female	S	Ashington Hirst Running Club	00:53:26
268	279	Jennifer	Rees	Female	S	North Shields Polytechnic Club	00:53:27
269	65	Isobel	Chen	Female	S	Jesmond Joggers	00:53:46
270	417	Linda	Bulfin	Female	V35	Monkey Runners	00:53:52
271	87	John	Davidson	Male	V60	Tynedale Harriers & AC	00:53:57
272	198	Adele	Lonsdale	Female	V50	Blyth Running Club	00:54:10
273	119	Les	Ferguson	Male	V50	Unattached	00:54:14
274	200	David	Lopez	Male	V45	North Shields Polytechnic Club	00:54:31
275	288	Mark	Rimmer	Male	S	Unattached	00:54:31
276	350	Stephen	Trewick	Male	V65	Unattached	00:54:34
277	115	Stephanie	English	Female	V40	Ashington Hirst Running Club	00:54:43
278	418	Nick	Saunders	Male	V45	Unattached	00:54:45
279	165	Richard	Hughes	Male	V50	Quakers Running Club	00:55:03
280	269	Emilia Rose	Porter	Female	V35	Unattached	00:55:16
281	347	Cameron	Torbet	Male	V50	Newcastle Frontrunners	00:55:20
282	394	Annabelle	Drought	Female	V45	North Shields Polytechnic Club	00:55:28
283	406	Ruth	Lee	Female	S	Unattached	00:55:29
284	42	Paul	Boyle	Male	V55	North Shields Polytechnic Club	00:55:31
285	375	Emma	Williams	Female	S	Unattached	00:55:39
286	59	Alison	Chan	Female	V50	North Shields Polytechnic Club	00:55:41
287	61	Janice	Charlton	Female	V50	Unattached	00:56:03
288	120	Robyn	Ferguson	Female	S	Unattached	00:56:26
289	91	Alanna	Davison-Kerr	Female	S	Unattached	00:56:29
290	320	Ricky	Smith	Male	V40	Ashington Hirst Running Club	00:56:40
291	262	Gemma	Patterson	Female	S	Ashington Hirst Running Club	00:56:53
292	382	Kirsty	Woodhouse	Female	S	Tyne Bridge Harriers	00:56:56
293	263	Katrina	Pattison	Female	V35	Unattached	00:56:58

294	97	Jeanette	Doran	Female	V45	Unattached	00:56:59
295	229	Sam	McLoughlin	Male	S	Unattached	00:57:13
296					S		00:57:35
297	48	Colin	Brown	Male	V45	Blyth Running Club	00:57:36
298	324	Rachael	Spanner	Female	V45	Tyne Bridge Harriers	00:57:43
299	53	Alison	Bulman	Female	V35	Tyne Bridge Harriers	00:57:44
300	210	Joanna	Malia	Female	V55	Unattached	00:58:25
301	332	Hazel	Storey	Female	V50	Ashington Hirst Running Club	00:58:30
302	223	James	McGuire	Male	V35	Unattached	00:58:54
303	293	Terry	Robertson	Female	V55	Unattached	00:59:03
304	284	Danielle	Richardson	Female	V35	Unattached	00:59:04
305	83	Emma	Cumpson	Female	V40	Elvet Striders	00:59:09
306	90	Sharon	Davison	Female	V35	Concordia Runners & Pedallers	00:59:13
307	366	Lynne	Waugh	Female	V40	Elvet Striders	00:59:13
308	88	Elaine	Davis	Female	V55	Unattached	00:59:20
309	8	Robin	Armstrong	Male	V55	Unattached	00:59:23
310	190	Katharine	Learmonth	Female	V35	Unattached	00:59:27
311	453	Rosie	Fraser	Female	S	Vegan Runners	01:00:04
312	414	Leanne	Ratcliff	Female	V35	Unattached	01:00:08
313	415	Heather	Jackson	Female	V35	Unattached	01:00:08
314	110	Sonia	Edmundson	Female	V45	Unattached	01:00:11
315	451	Irene	Henderson	Female	V70	Elswick Harriers	01:00:55
316	252	Claire	OBrien	Female	V35	Unattached	01:01:05
317	154	Roger	Heath	Male	V45	Tyne Bridge Harriers	01:01:11
318	138	Maria	Graham	Female	V40	North Shields Polytechnic Club	01:01:38
319	26	Linda	Bartram	Female	V55	North Shields Polytechnic Club	01:01:39
320	226	Natalie	McKelvie	Female	S	Unattached	01:01:46

321	266	Roland	Peacock	Male	V70	Gateshead Harriers & AC	01:01:47
322	121	Samantha	Ferguson	Female	V45	Unattached	01:02:16
323	67	Yvonne	Clelland	Female	V40	Unattached	01:02:16
324	235	Lucy	Miller	Female	S	Unattached	01:02:20
325	354	Kerri	Turner	Female	V35	Unattached	01:02:28
326	407	James	Thompson	Male	V50	North Shields Polytechnic Club	01:02:31
327	402	Sara	Heary	Female	V35	Unattached	01:02:47
328	381	Neil	Wood	Male	V45	North Shields Polytechnic Club	01:02:47
329	237	Janice	Mitcheson	Female	V60	North Shields Polytechnic Club	01:02:56
330	89	Greg	Davis	Male	V55	Unattached	01:03:06
331	349	Janice	Trewick	Female	V45	Unattached	01:03:16
332	150	Claire	Hayes	Female	V40	Ashington Hirst Running Club	01:03:17
333	227	Tom	McKelvie	Male	S	Unattached	01:03:18
334	257	Michele	O'Neill-hall	Female	V50	North East Veterans AC	01:03:20
335	398	Cara	Moran	Female	S	Unattached	01:03:20
336	95	Louise	Dickson	Female	V40	Unattached	01:03:21
337	82	Linsey	Cummings	Female	V40	Unattached	01:03:24
338	372	Gillian	Whittaker	Female	V45	North Shields Polytechnic Club	01:03:33
339	367	Stephanie	Webber	Female	V40	Unattached	01:03:55
340	99	Catherine	Dotchin	Female	V40	Unattached	01:04:09
341	7	michelle	armstrong	Female	V50	North Shields Polytechnic Club	01:04:10
342	137	Alison	Gould	Female	V40	Unattached	01:04:10
343	277	Katy	Reay	Female	V50	North Shields Polytechnic Club	01:04:13
344	346	Rebecca	Tindle	Female	V35	Unattached	01:04:16
345	363	Leanne	Walton	Female	S	Low Fell RC	01:04:38
346	153	Helen	Hearn	Female	V45	North Shields Polytechnic Club	01:04:51
347	16	Douglas	Bairstow	Male	V45	Unattached	01:05:19

348	10	Tessa	Assadian	Female	V35	Unattached	01:05:25
349	413	Graeme	O'Boyle	Male	S	Unattached	01:06:25
350	57	Rachel	Carr	Female	S	Ashington Hirst Running Club	01:07:46
351	3	Anna	Aldous	Female	V45	North Shields Polytechnic Club	01:07:59
352	343	Anna	Thornton	Female	V35	Unattached	01:07:59
353	162	David	Howe	Male	V60	Unattached	01:09:31
354	246	Gillian	Murray	Female	V55	Unattached	01:11:13
355	29	Gillian	Bassett	Female	V45	North Shields Polytechnic Club	01:11:14