

Clive Cookson 10k 2018 Results

Position	Number	First Name	Surname	Age	Age Categ	M/F	Club	Timing		
1	163	Ian	Hudspith	47	V45	Male	Morpeth Harriers & AC	00:31:29	1st Male	M1
2	105	James	Dunce	25	S	Male	Tyne Bridge Harriers	00:31:36	2nd Male	TBH1
3	63	Tom	Charlton	27	S	Male	Tyne Bridge Harriers	00:31:43	3rd Male	TBH2
4	144	Ian	Harding	36	S	Male	Morpeth Harriers & AC	00:32:29		M2
5	305	Terry	Scott	46	V45	Male	Tyne Bridge Harriers	00:32:35	1st VM45	TBH3
6	386	Carl	Smith	28	S	Male	Tyne Bridge Harriers	00:32:47		TBH4 16
7	167	Stephen	Jackson	35	S	Male	Elvet Striders	00:32:58		
8	405	William	Robson	20	S	Male	North Shields Polytechnic Club	00:33:17		NSP1
9	179	Elliot	Kelly	20	S	Male	North Shields Polytechnic Club	00:33:22		NSP2
10	455	Sparrow	Morley	29	S	Male	Tyne Bridge Harriers	00:33:46		TBH5
11	360	Gary	Wallace	35	S	Male	Blackhill Bounders	00:34:11		
12	100	Lee	Dover	29	S	Male	Houghton Harriers & AC	00:34:34		
13	383	David	Wright	43	V40	Male	Tyne Bridge Harriers	00:34:55	1st VM40	TBH6
14	36	Lee	Bennett	49	V45	Male	Morpeth Harriers & AC	00:34:57	2nd VM45	M3
15	304	Stephen	Schubeler	36	S	Male	Heaton Harriers & AC	00:35:21		
16	156	Andrew	Heppell	40	V40	Male	Gosforth Harriers & AC	00:35:26	2nd VM40	
17	352	Paul	Turnbull	39	S	Male	Tyne Bridge Harriers	00:35:29		TBH7
18	180	Tim	Kelso	39	S	Male	Tyne Bridge Harriers	00:35:30		TBH8 58
19	86	Matthew	Darbyshire	34	S	Male	Wallsend Harriers & AC	00:35:47		
20	411	Matthew	Boyle	27	S	Male	Morpeth Harriers & AC	00:35:50		M4 39
21	176	Graeme	Kafka	35	S	Male	Unattached	00:35:52		
22	323	Alastair	Spanner	46	V45	Male	Tyne Bridge Harriers	00:35:53	3rd VM45	
23	330	Noel	Stoddart	40	V40	Male	Elswick Harriers	00:35:54	3rd VM40	
24	170	Justin	Januszewski	36	S	Male	Tyne Bridge Harriers	00:35:55		
25	250	Timothy	Nicholson	33	S	Male	Wallsend Harriers & AC	00:35:57		
26	294	Jevan	Robertson	20	S	Male	Tyne Bridge Harriers	00:36:16		
27	260	Michael	Parkinson	46	V45	Male	North Shields Polytechnic Club	00:36:24		NSP3
28	195	Michael	Littlewood	43	V40	Male	Elvet Striders	00:36:42		
29	329	Jason	Stirland	44	V40	Male	North Shields Polytechnic Club	00:36:53		NSP4 73
30	396	James	Willoughby	33	S	Male	Alnwick Harriers	00:36:54		
31	104	Andrew	Duke	47	V45	Male	Sunderland Strollers	00:36:55		
32	132	Paul	Gilder	43	V40	Male	North Shields Polytechnic Club	00:36:56		
33	221	Magnus	McGillivray	38	S	Male	Heaton Harriers & AC	00:37:02		
34	251	Ian	Norman	57	V55	Male	Heaton Harriers & AC	00:37:03	1st VM55	
35	351	Mark	Turnbull	50	V50	Male	Elswick Harriers	00:37:17	1st VM50	
36	321	Danielle	Smythe	32	S	Female	Heaton Harriers & AC	00:37:24	1st Female	HH1
37	109	Colin	Eberhardt	43	V40	Male	North Shields Polytechnic Club	00:37:26		
38	217	Rory	McConnachy	38	S	Male	North Shields Polytechnic Club	00:37:36		
39	204	Rhys	Mackay	27	S	Male	Unattached	00:37:47		
40	387	Mark	Prendergast	33	S	Male	North Shields Polytechnic Club	00:37:58		
41	19	Andrew	Ball	41	V40	Male	Elswick Harriers	00:38:03		
42	149	Dave	Hartis	38	S	Male	Tyne Bridge Harriers	00:38:03		
43	371	John	Whitfield	54	V50	Male	North Shields Polytechnic Club	00:38:24	2nd VM50	
44	101	Craig	Downs	42	V40	Male	Unattached	00:38:25		
45	345	Ross	Thraves	32	S	Male	Unattached	00:38:27		
46	126	Michael	Friberg	40	V40	Male	Blaydon Harriers & AC	00:38:38		
47	399	Chris	Snowball	29	S	Male	Ashington Hirst Running Club	00:38:38		
48	155	Michael	Henderson	35	S	Male	Sunderland Strollers	00:38:40		
49	393	Thomas	Bell	34	S	Male	Heaton Harriers & AC	00:38:43		
50	205	Stephanie	Maclean-Dann	43	V40	Female	North Shields Polytechnic Club	00:38:45	2nd Female	NSP 1
51	287	Liam	Riley	33	S	Male	Heaton Harriers & AC	00:38:46		
52	408	Jeremy	Smith	50	V50	Male	Heaton Harriers & AC	00:38:48		
53	123	Matthew	Fletcher	39	S	Male	Unattached	00:38:51		
54	107	James	Duthie	49	V45	Male	Heaton Harriers & AC	00:39:00		
55	22	David	Barker	41	V40	Male	Ashington Hirst Running Club	00:39:15		
56	161	Richard	Houghton	36	S	Male	Elswick Harriers	00:39:18		
57	219	Scott	McEntee	39	S	Male	Heaton Harriers & AC	00:39:19		
58	377	Gareth	Wilson	41	V40	Male	North York Moors AC	00:39:20		
59	373	Andrew	Wigmore	39	S	Male	Wallsend Harriers & AC	00:39:21		
60	369	Christopher	West	36	S	Male	Tyne Bridge Harriers	00:39:23		
61	111	Chris	Eggett	48	V45	Male	Unattached	00:39:25		
62	148	Andy	Harrison	46	V45	Male	Tyne Bridge Harriers	00:39:30		
63	309	Mick	Skeldon	49	V45	Male	Wallsend Harriers & AC	00:39:32		
64	12	Stephen	Atwell	45	V45	Male	North Shields Polytechnic Club	00:39:34		
65	212	Sophie	Marr	29	S	Female	Tyne Bridge Harriers	00:39:35	3rd Female	TBH1
66	188	Chris	Lawrence	31	S	Male	Jesmond Joggers	00:39:38		
67	344	Jonathan	Thornton	35	S	Male	Heaton Harriers & AC	00:39:39		
68	85	David	Daniels	45	V45	Male	Tyne Bridge Harriers	00:39:41		
69	94	Mark	Derry	38	S	Male	Unattached	00:39:57		
70	69	Steven	Colby	34	S	Male	North Shields Polytechnic Club	00:40:02		
71	73	Shaun	Connelly	53	V50	Male	Elswick Harriers	00:40:08		
72	72	Martin	Connelly	51	V50	Male	Elswick Harriers	00:40:08		

73	301	mike	russell	49	V45	Male	Elswick Harriers	00:40:11		
74	412	Kevin	Sorlie	40	V40	Male	Tyne Bridge Harriers	00:40:14		
75	249	Stephen	Nicholson	42	V40	Male	North Shields Polytechnic Club	00:40:19		
76	4	Chris	Anderson	38	S	Male	Unattached	00:40:26		
77	185	Simon	Kristiansen	36	S	Male	Tyne Bridge Harriers	00:40:28		
78	348	James	Torbett	43	V40	Male	Wallsend Harriers & AC	00:40:28		
79	220	Simon	McGeary	49	V45	Male	Elswick Harriers	00:40:29		
80	112	Colin	Egner	33	S	Male	Unattached	00:40:30		
81	357	Chris	Waite	48	V45	Male	North Shields Polytechnic Club	00:40:36		
82	400	Matthew	Dimment	32	S	Male	Claremont Road Runners	00:40:45		
83	117	Richard	Fawcett	32	S	Male	North Shields Polytechnic Club	00:40:48		
84	289	Ellen	Roberts	37	V35	Female	Heaton Harriers & AC	00:40:50	1st VL35	HH2
85	34	Paul	Bell	36	S	Male	Morpeth Harriers & AC	00:40:51		
86	376	Lee	Williams	43	V40	Male	North Shields Polytechnic Club	00:40:52		
87	43	Scott	Brady	33	S	Male	Elswick Harriers	00:40:55		
88	368	Simon	Wells	49	V45	Male	Jesmond Joggers	00:40:55		
89	1	Michael	Abrams cohen	22	S	Male	Unattached	00:41:04		
90	76	Lee	Coulson	43	V40	Male	Elswick Harriers	00:41:13		
91	20	andrea	banner	47	V45	Female	Elswick Harriers	00:41:14	1st VL45	EH1
92	314	Graeme	Smith	37	S	Male	Saltwell Harriers	00:41:24		
93	169	Simon	Jamison	42	V40	Male	North Shields Polytechnic Club	00:41:25		
94	311	Peter	Sloan	61	V60	Male	Elswick Harriers	00:41:26		
95	133	Jane	Giles	52	V50	Female	Gateshead Harriers & AC	00:41:27	1st VL50	
96	14	Brian	Bailes	55	V55	Male	Birtley AC	00:41:31	2nd VM55	
97	236	Calum	Mills	29	S	Male	Heaton Harriers & AC	00:41:32		
98	6	Graham	Armstrong	56	V55	Male	Wallsend Harriers & AC	00:41:34		
99	390	Stuart	Haigh	39	S	Male	North Shields Polytechnic Club	00:41:39		
100	261	Ross	Patterson	40	V40	Male	Unattached	00:41:42		
101	15	Andrew	Bainbridge	37	S	Male	Unattached	00:41:46		
102	230	Mark	McNally	71	V70	Male	Elswick Harriers	00:41:51	1st VM65	
103	276	Ben	Rea	43	V40	Male	Unattached	00:41:55		
104	342	Andy	Thornton	37	S	Male	Unattached	00:41:56		
105	268	Andrew	Phillips	40	V40	Male	North Shields Polytechnic Club	00:41:58		
106	318	Matt	Smith	32	S	Male	Tyne Bridge Harriers	00:42:01		
107	134	Colin	Glacken	51	V50	Male	Unattached	00:42:02		
108	131	Chris	George	41	V40	Male	Heaton Harriers & AC	00:42:03		
109	239	Steven	Morrison Cairns	46	V45	Male	Blyth Running Club	00:42:04		
110	152	Stephen	Heads	56	V55	Male	North Shields Polytechnic Club	00:42:09		
111	388	Ben	Hall	37	S	Male	Elswick Harriers	00:42:10		
112	174	Dean	Johnson	42	V40	Male	Unattached	00:42:11		
113	191	Catherine	Lee	34	S	Female	Elswick Harriers	00:42:11		EH2
114	114	Robert	Emson	50	V50	Male	Elswick Harriers	00:42:15		
115	93	Paul	Davy	45	V45	Male	North Shields Polytechnic Club	00:42:17		
116	71	Joe	Colligan	30	S	Male	Wallsend Harriers & AC	00:42:20		
117	64	Chris	Checkley	48	V45	Male	Heaton Harriers & AC	00:42:26		
118	55	Christine	Burns	36	V35	Female	North Shields Polytechnic Club	00:42:28	2nd VL35	NSP 2
119	39	Stewart	Blackett	44	V40	Male	Unattached	00:42:30		
120	454	Robert	Brown	40	V40	Male	Heaton Harriers & AC	00:42:37		
121	275	Liz	Raven	31	S	Female	Gateshead Harriers & AC	00:42:48		
122	397	James	Porteous	32	S	Male	Gateshead Harriers & AC	00:42:49		
123	297	Peter	Robinson Smith	43	V40	Male	Heaton Harriers & AC	00:42:54		
124	106	Gary	Dunmore	49	V45	Male	Sunderland Strollers	00:42:55		
125	302	John	Sayer	47	V45	Male	North Shields Polytechnic Club	00:42:58		
126	51	Joanne	Brown	47	V45	Female	Elswick Harriers	00:43:06	2nd VL45	EH3
127	146	Lisa	Harpin	31	S	Female	Heaton Harriers & AC	00:43:12		HH3
128	358	Andrew	Walker	52	V50	Male	South Shields Harriers & AC	00:43:12		
129	416	mark	Storey	30	S	Male	Unattached	00:43:15		
130	295	Heather	Robinson	56	V55	Female	Jarrow & Hebburn AC	00:43:23	1st VL55	
131	80	David	Crowe	35	S	Male	North Shields Polytechnic Club	00:43:30		
132	102	alan	drummond	46	V45	Male	Birtley AC	00:43:32		
133	151	Lee	Head	46	V45	Male	North Shields Polytechnic Club	00:43:34		
134	47	Sean	Brodie	46	V45	Male	Unattached	00:43:35		
135	459	David	Wright	57	V55	Male	North Shields Polytechnic Club	00:43:37		
136	241	Roger	Mosedale	52	V50	Male	North Shields Polytechnic Club	00:43:38		
137	254	Chris	O'Neill	43	V40	Male	Unattached	00:43:39		
138	245	Susan	Murphy	39	V35	Female	Tyne Bridge Harriers	00:43:41	3rd VL35	TBH2
139	41	Geoff	Blair	56	V55	Male	Jesmond Joggers	00:43:45		
140	273	Andrew	Quinn	33	S	Male	Unattached	00:43:46		
141	207	David	Main	30	S	Male	Heaton Harriers & AC	00:43:50		
142	341	Neil	Thompson	41	V40	Male	Tyne Bridge Harriers	00:43:51		
143	183	Graham	King	62	V60	Male	Tyne Bridge Harriers	00:43:53		
144	409	Damien	Dangworth	48	V45	Male	Unattached	00:43:53		
145	143	Adam	Hamilton	32	S	Male	Wallsend Harriers & AC	00:44:05		
146	456	Geoffry	Robinson	58	V55	Male	Jarrow & Hebburn AC	00:44:07		

147	49	john	brown	65	V65	Male	North Shields Polytechnic Club	00:44:09		
148	168	Emily	James	39	V35	Female	Wallsend Harriers & AC	00:44:11		
149	247	Daniel	Nettle	47	V45	Male	Elswick Harriers	00:44:12		
150	186	David	Lambert	40	V40	Male	Unattached	00:44:13		
151	355	Cristina	Tyley	35	V35	Female	North Shields Polytechnic Club	00:44:14		NSP 3
152	364	simon	ward	43	V40	Male	Unattached	00:44:16		
153	187	Robert	Lambert	52	V50	Male	Elswick Harriers	00:44:17		
154	201	Maggie	Loraine	62	V60	Female	Gateshead Harriers & AC	00:44:18	1st VL60	
155	203	Alan	Macaulay	60	V60	Male	Tyne Bridge Harriers	00:44:24		
156	108	Catherine	Eaton	38	V35	Female	Tyne Bridge Harriers	00:44:26		TBH3
157	316	Jak	Smith	28	S	Male	Unattached	00:44:30		
158	395	Mike	Harvey		S	Male	North Shields Polytechnic Club	00:44:31		
159	31	Aidan	Batey	29	S	Male	Heaton Harriers & AC	00:44:31		
160	139	Lindsey	Grant	45	V45	Female	Elswick Harriers	00:44:40	3rd VL45	EH4 490
161	379	Valerie	Wilson	54	V50	Female	Elswick Harriers	00:44:42	2nd VL50	
162	274	Nicholas	Quinn	28	S	Male	Unattached	00:44:45		
163	206	Howard	MacLennan	44	V40	Male	Claremont Road Runners	00:44:47		
164	327	susanne	stephenson	50	V50	Female	Elswick Harriers	00:44:49		
165	197	Glen	Logan	43	V40	Male	Unattached	00:45:08		
166	362	Peter	Wallis	44	V40	Male	North Shields Polytechnic Club	00:45:11		
167	356	Diane	Vaughan	53	V50	Female	Quakers Running Club	00:45:12		
168	145	Claire	Harlow	33	S	Female	North Shields Polytechnic Club	00:45:13		NSP4 487
169	401	Martin	Haddon	42	V40	Male	North Shields Polytechnic Club	00:45:14		
170	35	Jill	Bennett	45	V45	Female	Morpeth Harriers & AC	00:45:35		
171	313	Brian	Smith	52	V50	Male	Newcastle Fronrunners	00:45:38		
172	224	Vicky	McIntyre	46	V45	Female	Gosforth Harriers & AC	00:45:47		
173	253	Keith	O'Donnell	44	V40	Male	Wallsend Harriers & AC	00:45:54		
174	209	Alex	Malia	24	S	Male	Unattached	00:46:07		
175	392	Mark	Shorting	37	S	Male	North Shields Polytechnic Club	00:46:11		
176	461	Noel	Urwin	52	V50	Male	Unattached	00:46:26		
177	243	Peter	Mummery	40	V40	Male	Unattached	00:46:31		
178	291	Brian	Robertson	51	V50	Male	Wallsend Harriers & AC	00:46:34		
179	391	Roger	Makepeace	46	V45	Male	North Shields Polytechnic Club	00:46:36		
180	296	Paul	Robinson	28	S	Male	Alnwick Harriers	00:46:38		
181	54	Mark	Burgess	45	V45	Male	North Shields Polytechnic Club	00:46:43		
182	306	Chris	Shearsmith	40	V40	Male	Elvet Striders	00:46:46		
183	322	Edward	Snelders	42	V40	Male	Unattached	00:46:48		
184	326	Richard	Stephenson	48	V45	Male	North Shields Polytechnic Club	00:46:51		
185	238	Tom	Moffett	43	V40	Male	Concordia Runners & Pedallers	00:46:57		
186	410	Iain	Cridlaid	45	V45	Male	North Shields Polytechnic Club	00:47:04		
187	78	Donald	Craig	35	S	Male	Unattached	00:47:06		
188	460	Billy	Shaw	47	V45	Male	Blyth Running Club	00:47:07		
189	37	John	Berry	46	V45	Male	Gosforth Harriers & AC	00:47:08		
190	231	vicki	mcphee	48	V45	Female	Elswick Harriers	00:47:17		
191	365	Sandra	Watson	50	V50	Female	Blyth Running Club	00:47:18		
192	378	Robert	Wilson	58	V55	Male	Elswick Harriers	00:47:25		
193	184	Scott	Kirkley	56	V55	Male	Wallsend Harriers & AC	00:47:28		
194	84	David	Curran	31	S	Male	Tyne Bridge Harriers	00:47:30		
195	457	Tom	Hanson	61	V60	Male	Elswick Harriers	00:47:30		
196	74	Lynne	Cornell	54	V50	Female	Unattached	00:47:35		
197	147	Paul	Harris	52	V50	Male	Tyne Bridge Harriers	00:47:41		
198	264	David	Peacock	45	V45	Male	North Shields Polytechnic Club	00:47:46		
199	21	michael	barbour	47	V45	Male	Unattached	00:47:49		
200	178	Lucy	Keating	48	V45	Female	Unattached	00:47:51		
201	157	Kevin	Hickey	42	V40	Male	Manchester Fronrunners	00:48:04		
202	213	Harry	Matthews	71	V70	Male	Elswick Harriers	00:48:05		
203	140	John	Grimshaw	54	V50	Male	Tyne Bridge Harriers	00:48:13		
204	141	Andrew	Guerin	37	S	Male	Unattached	00:48:16		
205	9	Michael	Ashby	51	V50	Male	Blyth Running Club	00:48:28		
206	299	Simon	Rose	45	V45	Male	Unattached	00:48:32		
207	214	Kim	Matthews	59	V55	Female	Elswick Harriers	00:48:34	2nd VL55	
208	44	Daniel	Brand	37	S	Male	Unattached	00:48:35		
209	25	Mark	Barrett	47	V45	Male	Unattached	00:48:40		
210	361	Mark	Wallis	31	S	Male	Unattached	00:48:47		
211	265	Helen	Peacock	41	V40	Female	Gosforth Harriers & AC	00:48:48	1st VL40	
212	248	Alison	Nicholson	43	V40	Female	North Shields Polytechnic Club	00:48:50	2nd VL40	
213	75	David	Cornish	34	S	Male	Tyne Bridge Harriers	00:48:54		
214	389	Paul	Sisteron	50	V50	Male	Unattached	00:48:58		
215	286	Dawn	Ridgway	42	V40	Female	Unattached	00:49:02	3rd VL40	
216	359	Karen	Walker	52	V50	Female	Tyne Bridge Harriers	00:49:06		TBH4 575
217	240	Chris	Morrow	35	S	Male	Sunderland Strollers	00:49:07		
218	136	Matt	Gould	37	S	Male	Unattached	00:49:09		
219	285	Julie	Richardson	44	V40	Female	Gateshead Harriers & AC	00:49:10		
220	222	Christopher	McGuire	26	S	Male	Unattached	00:49:10		

221	278	Kerry Reed	43	V40	Female	Tyne Bridge Harriers	00:49:12
222	308	Judith Shotton	54	V50	Female	Sunderland Harriers & AC	00:49:18
223	24	Heather Barrass	41	V40	Female	Blyth Running Club	00:49:20
224	52	David Bullock	33	S	Male	Heaton Harriers & AC	00:49:23
225	38	Paul Blackett	44	V40	Male	Blyth Running Club	00:49:37
226	325	Ian Spencer	57	V55	Male	Sedgefield Harriers	00:49:43
227	56	Ismail Bushra	18	S	Male	Unattached	00:49:54
228	450	George Bate	49	V45	Male	Unattached	00:49:54
229	30	Melissa Bateson	50	V50	Female	Elswick Harriers	00:49:56
230	307	Sarah Sherlaw	36	V35	Female	Unattached	00:50:08
231	403	Philippa Lee	28	S	Female	Unattached	00:50:16
232	50	Tony Brown	53	V50	Male	Stocksfield Striders	00:50:21
233	171	Nina Jensen	45	V45	Female	Claremont Road Runners	00:50:28
234	158	Cathy Hogan	35	V35	Female	Unattached	00:50:29
235	127	Katie Gallagher	35	V35	Female	Tyne Bridge Harriers	00:50:42
236	404	Dean Robert Auld	50	V50	Male	Unattached	00:50:51
237	300	Sarah Rushbrooke	49	V45	Female	Tyne Bridge Harriers	00:50:55
238	125	Mark Frampton	52	V50	Male	Unattached	00:51:08
239	166	Patricia Hunter	57	V55	Female	Unattached	00:51:33
240	340	Ian Telford	54	V50	Male	Unattached	00:51:33
241	199	Davina Lonsdale	52	V50	Female	Blyth Running Club	00:51:39
242	28	Ian Bassett	49	V45	Male	North Shields Polytechnic Club	00:51:39
243	62	Philip Charlton	59	V55	Male	Unattached	00:51:40
244	218	Colin McEntee	68	V65	Male	Heaton Harriers & AC	00:51:45
245	256	Sophie O'Neill	44	V40	Female	Unattached	00:51:46
246	98	Phil Dorr	52	V50	Male	North Shields Polytechnic Club	00:51:47
247	281	Lottie Rhodes	22	S	Female	Jesmond Joggers	00:51:56
248	211	Mish Margison	41	V40	Female	Wallsend Harriers & AC	00:52:01
249	189	David Lawson	39	S	Male	Unattached	00:52:05
250	135	Simon Godfrey	40	V40	Male	Ashington Hirst Running Club	00:52:05
251	259	Julie Parkinson	35	V35	Female	Ashington Hirst Running Club	00:52:06
252	66	Robert Clark	37	S	Male	Unattached	00:52:10
253	258	David Pace	58	V55	Male	Unattached	00:52:12
254	113	Laura Emmerson	36	V35	Female	Unattached	00:52:16
255	77	Louise Coultate	34	S	Female	North Shields Polytechnic Club	00:52:24
256	462	Philip Sellars	32	S	Male	North Shields Polytechnic Club	00:52:27
257	142	Andrew Hackett	51	V50	Male	North Shields Polytechnic Club	00:52:46
258	233	Aileen Mill	37	V35	Female	Unattached	00:52:49
259	458	Fiona Wright	54	V50	Female	North Shields Polytechnic Club	00:52:52
260	129	Ian Gatherar	39	S	Male	Unattached	00:52:57
261	270	James Prescott	54	V50	Male	Tyne Bridge Harriers	00:53:02
262	46	Matthew Brister	16	S	Male	Unattached	00:53:04
263	27	Andrew Bassett	21	S	Male	Unattached	00:53:08
264	192	Philip Lee	59	V55	Male	Alnwick Harriers	00:53:22
265	11	Anita Attala	50	V50	Female	North Shields Polytechnic Club	00:53:24
266	172	Laura Jobson	30	S	Female	Ashington Hirst Running Club	00:53:26
267	279	Jennifer Rees	34	S	Female	North Shields Polytechnic Club	00:53:27
268	65	Isobel Chen	31	S	Female	Jesmond Joggers	00:53:46
269	417	Linda Bulfin	38	V35	Female	Monkey Runners	00:53:52
270	87	John Davidson	60	V60	Male	Tynedale Harriers & AC	00:53:57
271	198	Adele Lonsdale	51	V50	Female	Blyth Running Club	00:54:10
272	119	Les Ferguson	51	V50	Male	Unattached	00:54:14
273	200	David Lopez	48	V45	Male	North Shields Polytechnic Club	00:54:31
274	288	Mark Rimmer	31	S	Male	Unattached	00:54:31
275	350	Stephen Trewick	65	V65	Male	Unattached	00:54:34
276	115	Stephanie English	41	V40	Female	Ashington Hirst Running Club	00:54:43
277	418	Nick Saunders	45	V45	Male	Unattached	00:54:45
278	165	Richard Hughes	51	V50	Male	Quakers Running Club	00:55:03
279	269	Emilia Rose Porter	38	V35	Female	Unattached	00:55:16
280	347	Cameron Torbet	52	V50	Male	Newcastle Frontrunners	00:55:20
281	394	Annabelle Drought	46	V45	Female	North Shields Polytechnic Club	00:55:28
282	406	Ruth Lee	28	S	Female	Unattached	00:55:29
283	42	Paul Boyle	58	V55	Male	North Shields Polytechnic Club	00:55:31
284	375	Emma Williams	34	S	Female	Unattached	00:55:39
285	59	Alison Chan	50	V50	Female	North Shields Polytechnic Club	00:55:41
286	61	Janice Charlton	54	V50	Female	Unattached	00:56:03
287	120	Robyn Ferguson	20	S	Female	Unattached	00:56:26
288	91	Alanna Davison-Kerr	32	S	Female	Unattached	00:56:29
289	320	Ricky Smith	41	V40	Male	Ashington Hirst Running Club	00:56:40
290	262	Gemma Patterson	30	S	Female	Ashington Hirst Running Club	00:56:53
291	382	Kirsty Woodhouse	24	S	Female	Tyne Bridge Harriers	00:56:56
292	263	Katrina Pattison	38	V35	Female	Unattached	00:56:58
293	97	Jeanette Doran	46	V45	Female	Unattached	00:56:59
294	229	Sam McLoughlin	32	S	Male	Unattached	00:57:13

